



GREEN ISLAND HEATLY NEWSLETTER OCTOBER 2011

Contact Us:
273-1422 x. 2008
Kendell Hardy, LCSW
School Social Worker
khardy@greenisland.org
Maria Westbrook
MSW Social Work Intern

OCTOBER IS NATIONAL BULLYING PREVENTION AWARENESS MONTH

On October 3, 2011, wear a **BLUE SHIRT** and join millions of people in the fight to **STOMP Out Bullying**.



Effects of Bullying

Some people say that kids who are bullied need to toughen up ... that's not true. It would happen no matter how thick-skinned kids are.

Some people think that bullying is "*just a fact of life*" or "*a right of passage*" and they don't take it seriously ... until someone they know is hurt by bullying.

- **1 out of 4** children are bullied
- **43%** of teens, **97%** of middle school students and **47%** of older teens 18-24 Report being cyberbullied
- **9 out of 10** students who identify as gay, bisexual or transgender report being harassed at school
- Child and teen Bullying and Cyberbullying are at an all-time high
- There is a rise in the number of suicides related to bullying
- Bullies are more likely to skip school, drop out of school, smoke, drink alcohol, get into fights and be arrested at some point in their life. **60%** of boys who were bullies in middle school had at least one criminal conviction by the age of **24**
- As many as **160,000** students may stay home on any given day because they're afraid of their bullies and/or they just can't take the pain anymore

ABOUT BULLYING

Every one of us is different. Some of us are short, tall, overweight, underweight, gay, straight, transgender, and may have special needs. Bullying knows no boundaries. Popular kids can be bullied as easily as others. Just look at some of the teens celebrities who've been targeted. We can STOMP Out Bullying by being tolerant, kind and respectful and stand up for each other. We all dance to a different drummer – but the reality is we are ALL the same because we are ALL people. No one deserves to be bullied for any reason!!

What You Can Do!

- **REPORT BULLYING**
- **BE A FRIEND TO SOMEONE WHO IS BULLIED**
- **STAND UP TO THE BULLY**

CELEBRITIES THAT HAVE JOINED THE CAUSE

American Idol	Demi Lovato	JoJo	Paul McCartney
Barry Manilow	Donny and Marie	John Cusack	Rod Stewart
Bette Midler	Ellen Degeneres	Jon Bon Jovi	Sean Kingston
Billy Joel	Elton John	Katy Perry	So You Think You Can Dance
Brittany Snow	Emily Blunt	Kelly Clarkson	Sugarland
Celine Dion	Emily Osment	Mad Men	The Jimmy Fallon Show
Clay Aiken	Faith Hill	Melissa Joan Hart	The Medium
Dancing With The Stars	Guster	Metallica	The Office
Daughtry	Henry Winkler	New Jersey Nets	The View