

# Welcome to our Lunch Cafe @ Green Island HS

April 2018

Monday

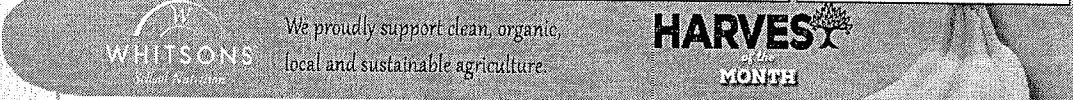
Tuesday

Wednesday

Thursday

Friday

2 Spring Break No School	3 Spring Break No School	4 Spring Break No School	5 Spring Break No School	6 Spring Break No School
9 Crispy Chicken Sandwich Steamed Broccoli Buttered Corn Fresh Apple Diced Peach Cup	10 Nachos Grande 🌱 Carrots Celery Sticks Fresh Orange Diced Pear Cup	11 Cheeseburger Green Beans Baked Beans Red Pepper Strips Fresh Banana Applesauce	12 Baked Chicken Tenders Whole Wheat Bread Cucumber Coins Celery Sticks Fresh Apple Mixed Fruit	13 Cheese Pizza 🌱🌱 Side Salad Steamed Broccoli Diced Peach Cup Diced Pear Cup
16 Chicken Nuggets Whole Wheat Bread Steamed Broccoli Buttered Corn Fresh Apple Diced Peach Cup	17 Soft Tacos 🌱 Steamed Carrots Baked Beans Celery Sticks Fresh Orange Diced Pear Cup	18 Pizza Bites 🌱 Green Beans Red Pepper Strips Fresh Banana Applesauce	19 Crispy Popcorn Chicken Whole Wheat Bread Fluffy Mashed Potatoes Buttered Corn Fresh Apple Mixed Fruit	20 Cheese Pizza 🌱🌱 Side Salad Steamed Broccoli Diced Peach Cup Diced Pear Cup
23 Crispy Chicken Sandwich Steamed Broccoli Buttered Corn Fresh Apple Diced Peach Cup	24 Nachos Grande 🌱 Carrots Celery Sticks Baked Beans Fresh Orange Diced Pear Cup	25 Homemade Mac & Cheese 🌱🌱 Green Beans Red Pepper Strips Fresh Banana Applesauce	26 Grilled Cheese 🌱 Tomato Soup Buttered Corn Cucumber Coins Fresh Apple Mixed Fruit	27 Cheese Pizza 🌱🌱 Side Salad Steamed Broccoli Diced Peach Cup Diced Pear Cup
30 Chicken Nuggets Whole Wheat Bread Steamed Broccoli Buttered Corn Fresh Apple Diced Peach Cup				



We proudly support clean, organic, local and sustainable agriculture.

- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN

## SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



1% White, Skim and Fat Free Chocolate Milk available for each meal.

If you have any questions, please contact Brian Nolan, Food Service Director at 237-9101 ex 1411

Assorted Deli Sandwiches, Chef Salads, Yogurt Parfaits, Hamburgers, Cheeseburgers, Chicken and Cheese Pizza Served Daily!

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.